



Lumbini Buddhist University

Course of Study

M.A. in Theravada Buddhism

Lumbini Buddhist University

Office of the Dean

Senepa, Kathmandu

Nepal

History of Buddhism

M.A. Theravada Buddhism
Paper I-A
MATB 501

First Year
Full Mark: 50
Teaching Hours: 75

Unit I : Introductory Background **15**

1. Sources of History of Buddhism
2. Introduction of Janapada and Mahajanapadas of 5th century BC
3. Buddhism as religion and philosophy

Unit II : Origin and Development of Buddhism **15**

1. Life of Buddha from birth to Mahaparinirvan
2. Buddhist Councils
3. Introduction to Eighteen Nikayas
4. Rise of Mahayana and Vajrayana Buddhism

Unit III: Expansion of Buddhism in Asia **15**

1. Expansion of Buddhism in South:
 - a. Sri Lanka
 - b. Myanmar
 - c. Thailand
 - d. Laos,
 - e. Cambodia
2. Expansion of Buddhism in North
 - a. China,
 - b. Japan,
 - c. Korea,
 - d. Mongolia
 - e. Tibet,

Unit IV: Buddhist Learning Centres **15**

1. Vihars as seat of Education Learning Centres (Early Vihar establishments)
2. Development of Learning Centres:

- a. Taxila Nalanda,
 - b. Vikramashila,
 - c. Odantapuri,
 - d. Jagadalla,
 - e. Vallabi, etc.
3. Fall of Ancient Buddhist Learning Centre

Unit IV: Revival of Buddhism in India in modern times 15

1. Social-Religious Movement during the eighteenth and nineteenth centuries.
2. Movement of the Untouchables in the twentieth century.
3. Revival of Buddhism in India with special reference to Angarika Dhaminapala, B.R. Ambedkar.

Suggested Readings

1. Conze, Edward, *A Short History of Buddhism*, London: George Allen and Unwin, 1980.
2. Dhammika, Ven. S., *The Edicts of King Ashoka*, Kandy: Buddhist Publication Society, 1994.
3. Dharmananda, K. Sri, *Buddhism as a Religion*, Kuala Lumpur: Sasana Abhiwurdī Wārdhana Society, 1994.
4. Dutt, Nalinaksha, *Buddhist Sects in India*, Delhi: Motilal Banarsidass, 1987.
5. Dutt, Sukumar, *Buddhist Monks and Monasteries of India: Their History & Their Contributions To Indian Culture*, London: George Allen and Unwin, 1962.
6. Dutt, Sukumar. *Early Buddhist Monachism*. New Delhi: Munshiram Manoharlal, 1984.
7. Hazara, Kanai Lal, *The Rise and Decline of Buddhism in India*, New Delhi: Munshi Ram Manohar Lal, 1998.
8. Hirakawa, Akira, *A History of Indian Buddhism: From Shakyamuni to Early Mahayana*, Honolulu: University of Hawaii Press, 1990.
9. Lamotte, Etienne, *History of Indian Buddhism*, tr. Sara Webb-Boin, Louvain: Peeters Press, 1988.

10. Landaw, Jonathan, Stephen Bodian and Gudrun Buhemann, *Buddhism for Dummies*, Hoboken: Wiley Publishing, 2011.
11. Leitich, Keith A., ‘The Rise and Decline of Buddhism in Central Asia, In: Shanker Thapa (ed.), *Northern Buddhism in History*, Kathmandu: Vajra Publications, 2005.
12. Lester, R.C. *Theravada Buddhism in Southeast Asia*. Ann Arbor: University of Michigan Press, 1973.
13. Malalgoda, Kitsiri. *Buddhism in Sinhalese Society 1760-1900*, Berkeley: Univ. of California Press, 1976.
14. Narada, Thera, *Buddha and His Teachings*, Taipei: The Corporate Body of the Buddha Educational foundation, 1988.
15. Nariman, G.K., *Literary history of Sanskrit Buddhism*, Delhi: MLBD, 1992.
16. Pande, G.C., *Studies in the Origins of Buddhism*, Allahabad: University of Allahabad, 1957.
17. Prebish, Charles S., *Buddhism: A Modern Perspective*, University Park: The Pennsylvania State University Press, 1994.
18. Sankriyana, Rahul (tr.), *Vinayapitaka*, Bouddha Akar Granth Mala, Kashi Vkyapith, Varanasi, 1994.
19. \$arao, K.T. S., *The Decline of Indian Buddhism: A Fresh Perspective*, New Delhi: Munshiram Manoharlal, 2012.
20. Sarao, KTS, “Da Tang Xiyuji and Other Chinese Sources on the Decline of Buddhism in India,” In: Prem Kumari Pant et al (eds.), *Buddhism: the Icon of cultural Linkage with China*, Kathmandu: Nepal China Society, 2010: 181-214.
21. Schumann, H.W., *The Historical Buddha: the Times, Life and Teachings of the Founder of Buddhism*, New Delhi: MLBD, 2004.
22. Seneviratna, Anuradha (ed.), *King Ashoka and Buddhism Historical and Literaty Studies*, Kandy: Buddhist Publication Society, 1994.

23. Wnternitz, Maurice, *History of Indian Literature*, Vol. 2: Buddhist & Jain literature, Delhi: MLBD, 1998.
24. Pandey, Govinda C. *Studies in the Origins of Buddhism*, Delhi: Motilal Banarsidass. 1999
25. Rapson, E.J., *The Cambridge History of India Volume I : Ancient India*, Cambridge University Press, 1992.

Buddhism of Nepal

MA. in Theravada Buddhism
Paper I-B
MATB 502

First Year
Full mark 50
Teaching Hours: 75

Unit I : Historical Background 15

1. Svayambhu Puran as source of Buddhism of Nepal
2. Visit of Buddha, Ananda and Ashoka to the Nepal Valley
3. Buddhism through Ages - (Historical account of Buddhism during Licchivi, Early Medieval and Medieval period
 - a. Classification of Age
 - b. Historical Account of Buddhism during Kirat, Lichchhavi, Early and Later Medieval Period.
 - c. Buddhism during the Lichhavi Period
 - d. Contribution of Lichhavi rulers to the promotion of Buddhism in Nepal
 - e. Buddhism during early and later medieval period
 - f. Contribution of contemporary rulers in the development of the Buddhism of Nepal.

Unit II : Buddhism of Nepal Mandala 20

1. Concept of Triple Gem (Tri Ratna)
2. Classification of Vihars of Nepal Mandala and their tradition.
3. Religious practices:
 - a. Daily practices,
 - b. Occasional Practices: Vrata
 - c. Dan (generosity) practices, Panchadana, Samyakdan, and Navadana
4. Feast and festivals
 - a. Chariot festival of Karunamay of Kathmandu and Lalitpur,
 - b. Gunla, Mataya, of Lalitpur
5. Principle Buddhist sites of Nepal Manadala

- a. Svayambhu,
- b. Boudha,
- c. Namu-Buddha,
- d. Manichud,
- e. Pharping

Unit III: Buddhism of Khasa Kingdom 5

- 1. Introduction to Khasa Kingdom
- 2. Contributions of Khasa Kings to the promotion of Buddhism in Western Nepal
 - a. Ripu Malla,
 - b. Prithvi Malla,
 - c. Punya Malla and
 - d) Jitari Malla.

Unit IV : Buddhism of Northern Nepal 15

- 1. Introduction to Northern Nepal
- 2. Buddhist Ethnic groups of Northern Nepal
- 3. Prominent sects
 - a. Nyingmapa,
 - b. Kagyupa,
 - c. Sakyapa,
 - d. Gelupa
- 4. Prominent Gumbas
 - a. Tengboche (Solu),
 - b. Bigu Tashi (Dolkha),
 - c. Tsarang (Mustang),
 - d. Shey (Dolpa)
- 5. Feast and festivals
 - a. Losar,
 - b. Yartung,
 - c. Manirumdum,
 - d. Tiji,
 - e. Dumje
- 6. Important Buddhist Sites
 - a. Maratika,

- b. Muktinath,
- c. Shey

Unit V : Theravada Buddhism in Nepal

20

1. Revival of Theravada Buddhism in 19th century
2. Movement of Theravada Buddhism in Nepal.
3. Present state of Theravada Buddhism in Nepal
4. Monastic functions
 - a. Ordination
 - b. Order
5. Theravada Buddhist Practices
 - a. Kathindan and Varshabas
 - b. Mahaparitrana
 - c. Uposatha
 - d. Buddha-Puja

Suggested Reading

1. Adhikari, Surya Mani, *The Khasa Kingdom . A Trans-Himalayan Empire of the Middle Age*, Jaipur: Nirala Publication, 1997.
2. Bajracharya Mana Vajra, *Mythological History of the Nepal Valley from Svayambhu Purana*, Kathmandu; Avalok Publisher, 1978.
3. Bajracharya, Naresh Man., *History of Buddhism in Nepal*, New Delhi, Eastern Book Linkers. 1998.
4. Bajracharya, Naresh Man, *Vajrayayan*,. Kathmandu: Tri-Ratna Kosh. 2012
5. Douglas-Tuladhar, Will, *Remaking Buddhism for Medieval Nepal: The Fifteenth Century Reformation of Newar Buddhism*, London: Routledge, 2006.
6. Gellner, David N., *Monk, Householder, and Tantric Priest*. Newar Buddhism and its Hierarchy of Ritual, Cambridge: Cambridge University Press, 1992
7. Kloppenberg, Ria, 'Theravada Buddhism in Nepal', *Kailash*, Vol. 5, 1977, 301-321.

8. Levine, Sarah and David Gellner, *Rebuilding Buddhism: The Theravada Movement in Twentieth Century Nepal*, Cambridge Mass.: Harvard University, 2005.
9. Locke, John K., *Buddhist Monasteries of Nepal*, Kathmandu: Sahayogi Press, 1985.
10. Locke, John, *Karunamaya: The cult of Avalokitesvara in the Valley of Nepal*, Kathmandu: CNAS, 1985.
11. Pandey, Ram Niwas, *Making of Modern Nepal: A Study of History, Art, Culture of Western Nepal*, Jaipur: Nirala Publication, 1998.
12. Pant, Prem Kumari, et al. (ed), *Buddhism: the Icon of Cultural Linkage with China*, Kathmandu: Nepal China Society, 2010.
13. Pradhan, Bhuvan L., *Nepalma Bouddha Dharma*, Kathmandu; Royal Nepal Academy, 1990.
14. Rajendra Ram, *History of Buddhism in Nepal* (A.D. 704-1396), Patna: Janabharati Prakashan, 1977
15. Regmi, D R, *Medieval Nepal*, 2 Vols., Calcutta: K.L. Mukhopadhyaya, 1972.
16. Shakya, Min B. and Shanta Harsha Bajracharya (tr.), *Svayambhu Purana*, Lalitpur: NIEM, 1997.
17. Shrestha, Khadga Man, *History of Buddhism of Nepal with Special Reference to Vajrayana Buddhism of Nepal*, Kathmandu: Kamala Devi Shrestha, 2008.
18. Thapa, Shanker and Indra Kumari Bajracharya, Ratnakar Mahavihara, *A Vajrayana Buddhist Monastery of Patan*, New Delhi: Adroit Publisher, 2005.
19. Thapa, Shanker, *Buddhist Monasticism in Theory and Practice*, Kathmandu: Walden Books, 1995.
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21. Thapa, Shanker, 'History of Nepalese Buddhism: From Mythological Tradition to the Licchavi Period', *Voice of History*, Vol. XVI, No. 2, 2001 Dec.
22. Thapa, Shanker, *Newar Buddhism: History, Scholarship and Literature*, Lalitpur: Nagarjuna Publications, 2005.

23. Vajracharya, Dhanavajra, *Licchavikalka Abhilekh*, Kirtipur: Asiyali Anusandhan Kendra, 2030 VS
24. Vajracharya, Dhanavajra and K.P. Malla (ed.), *The Gopalrajsavamsavali*, Nepal Research Center Publication No. 9, Wiesbaden; Franz Stiener Verlag, 1985.

Buddhist Language - Pali

M.A. in Theravada Buddhism

First Year

Paper II-A

Full Mark: 50

MATB 503

Teaching Hours: 75

Course Objective

The main objective of this course is to give basic knowledge of Pali language so that students will be able to study Pali Buddhist Literature.

Unit I : Alphabet, Gender and Number 10

1. The Alphabet and Pronunciation
2. Gender, Number, Case and Case ending

Unit II Conjugation of Verbs (Kriya Vibhaktirupa) 15

1. Present Tense
2. Past Tense
3. Future Tense
4. Imperative

Unit III: Sandhi and Compound (Sandhi and Samas) 10

1. Sandhi Chapter (Sandhi- Kappa)
2. Compound Chapter (Samasa - Kappa)

Unit IV: Declension of Nouns and Pronouns (Nam and Sarvanam Vibhaktirupa) 15

1. Masculine Nouns Ending in - a and i
2. Feminine Nouns Ending in -ā and i
3. Neuter Nouns Ending in - a and i
4. Interrogative Pronoun
5. Personal Pronoun

Unit V: Study of Selected Pali Stories from Jātakatthakathā.

25

1. Serivānijajāta

2. Malutajātaka
3. Gangeyyajātaka

References

1. Anagarika Agganyani, *Pali Shiksa ra Sanksipta Vyakarna*, Kathmandu: Dilratna Shakya, Vidya Shakya 2010.
2. Buddhadatta, A.P, *The New Pali Course, Part I and II*, Colombo: Colombo Apothecaries Co, 1956.
3. Buddhadatta, A.P, *Concise Pali- English Dictionay*, Delhi: Motilal Banarasidass, 1989.
4. Duroiselle Charles, *A practical Grammar of Pali Language*, Rangoon: British Burma Press, 1997(Reprint)
5. Jain, Komalchandra, *Pali Pravesika*, Varanasi: Tara Publications, 1980.
6. *Jatakathakathā*, Vol. 1, 2 Igatpuri: Vipassana Research Institute, 1994.
7. Kashyap, Bhikkhu Jagadish, *Pali Mahavyakaran*, Delhi: MLBD, 1963, reprint 2000.
8. Silva, Lily de, *Pali Primer*, Igatpuri: Vipassana Research Institute, 1994.
9. Warder, A.K, *Introduction to Pali*, London: Pali Text Society, 1991 (Reprint).

Buddhist Literature

M.A. in Theravada Buddhism

First Year

Paper II-B

Full Mark: 50

MATB 508

Teaching Hours: 75

Unit I : Introductory Background 10

1. Evolution of “Buddha Vacana” to Buddhist Literature
2. Meaning of Dharma as “Buddha Vacana” in the context of Tri-Ratna i.e. Buddha, Dharma and Sangha with special reference to eighty four thousand “Dharma Skanda”
3. Introduction to Navang (Nine Angas) and Dwadasang (Twelve Angas)

Unit II: Formation of Pali Literature 20

1. Origin and development of Pali Tripitaka
2. Sutta
3. Vinaya
4. Abhidhamma
5. Athakatha
6. Anupitaka

Unit III : Formation of Sanskrit Tripitaka 20

1. Origin and development of Sanskrit literature
2. Agama
3. Sutra,
4. Vinaya,
5. Abhidharma,
6. Tantra
7. Shastra.

Unit IV: Translated Canons - Origin and Development. 15

1. Chinese Tripitaka
2. Korean Tripitaka
3. Tibetan Tripitaka
4. Mongolian Tripitaka

Unit V: Buddhist Tripitaka in the Digital age

10

1. e-resources of Buddhist manuscripts,
2. e-books and translations of Buddhist texts

Suggested Readings

1. Beal, Samuel, *Buddhist Tripitaka as it is Known in China and Japan*, London: Clarke and Son, 1876.
2. Bodhi, Bhikkhu, *The Connected Discourses of the Buddha: A Translation of the Samyutta Nikaya*, Boston: Wisdom Publications, 2000.
3. Chatterjee, Ashok Kumar Chatterjee, *Yogacara Idealism*, Delhi: MLBD, 1997.
4. Dreyfus, Georges B. J., *Recognizing Reality: Dharmakirti's Philosophy and Its Tibetan Interpretations*, NY: SUNY Press, 1997.
5. Gombrich, Richard F, *Theravada Buddhism: A Social History from Ancient Benares to Modern Colombo*, New York: Routledge, 2006,
6. Harris, I., *The Continuity of Madhyamaka and Yogacara in Indian Mahayana Buddhism*, Leiden: EJ Brill, 1991.
7. Harvey, Peter, *An Introduction to Buddhism: Teachings, History' and Practices*, Cambridge: Cambridge University Press, 1990,
8. Hattori, Masaaki, trans. *Dignāga, on Perception. Being the Pratyaksapariccheda of Dignāga's Pramānasamuccaya from the Sanskrit Fragments and the Tibetan Versions*. Cambridge: Harvard University Press, 1968.
9. Landaw, Jonathan, Stephen Bodian and Gudrun Buhnemann, *Buddhism for Dummies*, Hoboken: Wiley Publishing, 2011.
10. Law, Bimala Curna, *A History of Pall Literature*, London: Kegan Paul, Trench, Trubner and Co., 1933.
11. Lindtner, Charles, *Nagarjuniana: Studies in the Writings and Philosophy of Nagarjuna*, Copenhagen: Akademisk Forlag, 1982.

12. Matilal, Bimal Krishna and Robert D. Evans (eds.), *Buddhist Logic and Epistemology: Studies in the Buddhist Analysis of Inference and Language*, Dordrecht: D. Reidel Publishing Co, 1986.
13. Narada Thera, *The Buddha and His Teachings*, Taipei: CBBEF, 1995.
14. Nariman, G.K., *Literary history of Sanskrit Buddhism*, Delhi: MLBD, 1992.
15. Ornvedt, Gail, *Buddhism in India Challenging Brahmanism and Caste*, New Delhi: Sage Publication, 2003.
16. Ruegg, David S., *The Literature of the Madhyamaka School of Philosophy in India*. Wiesbaden: Otto Harrassowitz, 1981.
17. Sangharakshita, Maha Sthavira. *The Eternal Legacy: An Introduction to the Canonical Literature of Buddhism*. London: Tharpa, 1985.
18. Santina, Peter de Ia, *The Tree of Enlightenment*, Taiwan: Chico Dharma Study Foundation, 1997.
19. Shaw, Sarah, *Buddhist Meditation: An Anthology of Texts from the Pali Canon*, Routledge Critical Studies in Buddhism, London: Routledge, 2006.
20. Stcherbatsky, F. Theodore. *Buddhist Logic*, Vols. I and II. New York: Dover, 1930.
21. Walapola, Rahula, *What the Buddha Taught: Revised and Expanded Edition with Texts from Suttas and Dhammapada*, NY: Grove Press, 1974.
22. Watanabe, Fumimoro, *Philosophy and Its Development in the Nikayas and Abhidhamma*, Delhi: MLBD, 1983.
23. Williams, Paul and Anthony Tribe, *Buddhist Thought: A Complete introduction to the Indian tradition*, London: Routledge, 2000.
24. Winternitz, Maurice, *History of Indian Literature*, Vol. 2: Buddhist & Jam Literature, Delhi: MLBD, 1998.
25. Nagao. Gadjin M. *Madhyamika and Yogacara*, NY: SUNY Press, 1991.

26. Nariman, G.K., *Literary history of Sanskrit Buddhism*, Delhi : MLBD, 1992.
27. Piyadassi Thera, *Buddha's Ancient Path*, Kandy: Buddhist Publication Society, 1994.
28. Ronkin, Nora, *Early Buddhist Metaphysics: The Making of philosophical Tradition*, New York: Routledge Curzon, 2005.

Buddhist Philosophy

M.A. in Theravada Buddhism
Paper III
MATB 509

First Year
Full Mark: 50
Teaching Hours: 75

Objectives

The course aims to impart the students knowledge on general Buddhist Philosophy and traditions. It helps them understand the reality of the universe and human beings' existence within cosmological, theological and philosophical understandings and the ways these motivate ordinary and extraordinary human lives.

The course is categorized into seven units. General Buddhist concepts following which Buddhists advance in their practice are included in Unit First and those which are known as basic Buddhist teachings are the subjects under Unit Second. Unit Third gives a brief introduction to Buddhist meditation. Unit Four introduces four philosophical schools of Buddhism and Buddhist logics that serve as bases for further readings. Unit Five includes some important Mahayanic concepts. Unit six throws light on Vajrayana Philosophy and Practice. Unit Seven deals with common Buddhist principles on Karma and rebirth, common Buddhist practices, role of laity in Buddhism, monasticism, social dimension of Buddhism etc. earlier Buddhist meditation practice.

Unit I: General Buddhist concepts 5

1. Triratna (Triple Gems)
2. Trisarana (Triple refuge)
3. Punyasambhara and Jnanasambhara (Accumulation of merits and knowledge)
4. Panca-Sila (Five precepts)

Unit II: Buddhist Teachings Theravada

25

1. Four Noble Truths
2. Suffering
3. Arising of Suffering
4. Cessation of Suffering
5. The path leading to cessation of suffering
6. Law of Dependent Origination
7. Interdependence
8. Relativity
9. Conditionality
10. Twelve linked cycle of origination
11. Three Universal Characteristics
 - a. Impermanence
 - b. Suffering
 - c. Selflessness
12. Arahant and Nirvana
13. Bodhisattva and Buddhahood in Sravakayana

Unit III: Buddhist Meditation

10

1. Samatha Meditation: Its objectives, types and importance
2. Vipasyana Meditation: its objectives, types and importance

Unit IV: Four Philosophical Buddhist Doctrines and Buddhist Logics

35

1. Vaibhasika doctrine
 - a. Meaning, sub-schools and etymology
 - b. Theory of Dharmas of Sarvastivada
 - c. Concept of Pratisankhyanirodha and Apratisankhyanirodha, Prapti, Aprapti, Avijnapti
2. Sautrantic doctrine
 - a. Meaning, sub schools and etymology
 - b. Theory of Momentary-ness
 - c. Concept of Perception and Apperception
3. Madhyamika doctrine
 - a. Meaning, sub-schools and etymology

- b. Two Truths: SamvrittiSatya and ParmarthaSatya
 - c. Concept of Sunyata, Anutpada, Catuskoti (Fourfold analysis)
4. Yogacara Doctrine
- a. Meaning, sub-schools and etymology
 - b. Theory of “Mind Only” (Cittamatrata-Vijnaptimatasiddhi)
 - c. Concept of Alayavijnana, Klistamanovijnana and Pravrttivijnana
 - d. Three nature of objects Parikalpita, Paratantra and Parinispanna nature
5. Buddhist Logics
- a. Origin
 - b. Pramana
 - c. Buddhist epistemology
 - d. Syllogism

Unit V : Mahayana Philosophy 25

1. Bodhisattva Ideals, Bodhicitta generation, Bodhisattva precepts
2. Developing Bodhisattva Perfections (sadaparamita)
3. Ten stages of Bodhisattva
4. Concept of Tri-Kaya: Dharmakaya, Sambhogakaya, Nirmanakaya
5. Concept of Tathagata and Tathagatagarbha
6. Pudgalanairatmya and Dharmanairatmya
7. Klesavarana and Jyavarana
8. Recitation of sutras and Dharanis

Unit VI: Vajrayana Philosophy and Practice 25

1. Vajrayana Philosophy
 - a. Vajrayana: meaning, and objectives
 - b. Mantra, mandala, and Tantra
 - c. Philosophical foundations
 - d. The concepts of Sunyata and Chittamatra and their implication in Vajrayana

- e. Symbolism and Concept of Pancha-Buddha
 - f. Vajrayana Psychology, Physiology and Cosmology
2. Vajrayana Practice
- a. Vajrayana Initiation
 - b. Vajrayana Meditation
 - c. Four Systems of Tantric thought in Buddhism and its goals

Unit VII: Buddhist Ethics, Monasticism and their Social dimension 25

- 1. Universalistic features of Buddhist ethics, Karma and its effects
- 2. Concept of Karma, rebirth, karma and motivation. Criteria for good and bad action
- 3. Monasticism
 - a. Concept and Origin
 - b. Monastic values: celibacy, role of monasticism
 - c. Monasticism in Earlier Buddhism
 - d. Monasticism in Later Buddhism, Mahayana reassessment of monasticism.
- 4. Social Dimensions (of the goal) of Nibbana and Buddhahood
- 5. Laity in Buddhism
- 6. Skillful Means

References.

- 1. Barua, Benimadhab, *A History of Pre-Buddhist Indian Philosophy*, Delhi: MLBD, 1970.
- 2. Brown, Brian Edward - *The Buddha Nature: A study of Tathagatagarbha and Alayavanna*. Buddhist tradition series, New Delhi; MLBD 1994
- 3. Dayal, Har - *The Bodhisattva Doctrine in Buddhist Sanskrit Literature* (reprint), Delhi: Motilal Banarasidass Publishers, 2004

4. Dutta, Nalinaksa - *Mahayana Buddhism*. Delhi: MLBD 1978
5. Guenther, H.V. (tr.), *Jewel Ornament of Liberation of Gampopa* (reprint), London: Rider and Co.. 1974.
6. Gyaltzen, Dragpa - *Candragomin's Twenty Verses on Bodhisattva Vows*, Dharmashala: Library of Tibetan Works and Archives 1982.
7. Harvey, Peter - *An Introduction to Buddhist Ethics*, Cambridge; Cambridge University Press, 2000.
8. HH Dalai Lama - *The Awakening Mind Bodhicittotpada*, Taipei; The Corporate Body of Buddha Educational Foundation 1999.
9. Hopkins, Jeffery and GesheSopa - *The Theory and practice of Tibetan Buddhism*, India; B. I. Publication 1976. Yogachara Idealism Ashoka Kumar Chaterjee, MLBD Delhi, 1975 reprint
10. Hopkins, Jeffrey and GesheSopa - *The Tantra in Tibet* (reprint). New York; Snowland Publications, 1987.
11. Kalupahana, David J, *Buddhist Philosophy: A Historical Analysis*, Honolulu: Univ of Hawaii Press, 1975.
12. Kalupahana, David J., *A History of Buddhist Philosophy, Continuities and Discontinuities*, Honolulu: University of Hawaii Press, 1992.
13. Kochumuttom, Thomas A., *A Buddhist Doctrine of Experience*, Delhi, Motilal Benarasidass, 1982
14. Laumakis, Stephen J, *An Introduction to Buddhist Philosophy*, Cambridge: Cambridge Univ Press, 2008,
15. Lusthaus, Dan, *Buddhist Phenomenology: A Philosophical Investigation of Yogacara Buddhism and the Ch'eng Wei-shih lun*, London: Curzon Press, 2003,
16. Matilal, Bimal Krishna, *The Character of Logic in India*, New York: SUNY Press, 1998.
17. McCagney, Nancy, *Nagrjuna and the Philosophy of Openness*, Lanham: Rowman and Littlefield, 1997.
18. Murti, T.R.V. - *The Central Philosophy of Buddhism*, London; Unwin Paperbacks, 1980 (reprint)

19. Murti, T.R.V., *The Central Philosophy of Buddhism*, London: George Allen & Unwin, 1960.
20. Nagao, Gadjin M., *Mādhyamika and Yogācāra*, NY: SUNY Press, 1991.
21. Narendradeva, *Boudha Darshan*.
22. Pande, G.C. - *Studies in the Origins of Buddhism*. New Delhi; MLBD, 1995 (reprint)
23. Piyadassi Thera, *Buddha's Ancient Path*, Kandy: Buddhist Publication Society, 1974.
24. Poppe, Nicholas. *The Twelve Deeds of Buddha*, Seattle: University of Washington Press, 1967.
25. Prebish, Charles S, *Buddhist: A Modern Perspective*, University Park: University Park, The Pennsylvania State University Press, 1994.
26. Rajapakse, Reginton, 'Buddhism as Religion and Philosophy,' *Religion*, Vol. 16, 1986, 51-55,
27. Ronkin, Nora, *Early Buddhist Metaphysics: The Making of a Philosophical Tradition*, New York: Routledge Curzon, 2005.
28. Santina, Peter De La - *The Tree of Enlightenment by* (reprint). Taiwan; Chico Dharma Study Foundation, 1997.
29. Stcherbatsky, *The Buddhist logic*, 2 vols.
30. Suzuki, D.T., *Outlines of Mahayana Buddhism*. New York: Schocken, 1963.
31. Tachibana, S. - *The Ethics of Buddhism*, Oxford; Curzon Press, 1926
32. ThanhThich Minh, *The Mind in Early Buddhism*, New Delhi, Munshiram Manoharlala Publisher Pvt. Ltd. 2001
33. Thera, Piyadassi - *The Buddha's Ancient Path*, London; Rider and Co., 1964.
34. Upadhyaya, Baladeva - *Budhha Dharma Mimamsa*. Varanasi: Chowkhamba Vidyabhavan, 1978
35. Upadhyaya, Baldev, *Baudha Darshan Mimamsa*, Varanasi: Chaukhamba Vidyabhavan, 1978.

36. Wayman, Alex, *A Millennium of Buddhist Logic*, Delhi: MLBD, 1999.
37. Williams, Paul, *Mahayana Buddhism: The Doctrinal Foundations*, London: Routledge, 1989.

Buddhist Art and Architecture

M.A. in Theravada Buddhism
Paper IV
MATB 510

First Year
Full Mark: 100
Teaching Hours: 150

Course description

The course is divided into four parts. The first part is related to general introduction of art and Buddhist Scripts. The second part is devoted to origin and development of Buddhist art and architecture. The third part is concentrated on Nepalese Buddhist art and the fourth part is related to Buddhist Iconography.

Objective

The main objective of the course is to provide basic knowledge of Buddhist Art and Architecture as well as Buddhist Script and Iconography.

Part One General Introduction

Unit I: General introduction to Art 15

1. Evolution, Meaning, Concept and Significance of Art
2. Introduction to Eastern and western Art
3. Types of Art
 1. Visual art
 - a) Fine Art
 - b) Applied Art
 - c) Decorative Art
 - d) Crafts
 2. Abstract art,
4. Basic Principles of Art

Unit II: Introduction to Buddhist Scripts **20**

1. Origin of Brahmi Script as a Pall writing system
2. Brahmi Alphabets and its translation practice
3. Ashokan Pillar Inscriptions
 1. Lumbini and
 2. Niglihava
4. Features and Alphabets of Pracalit Newari Script and its translation practice

Part Two

Origin and development of Buddhist Art and Architecture

Unit III: Literary sources and Origin of Buddhist Symbolic Art **15**

1. Buddha's View on Art
2. Types of Buddhist Art
 - a. Sippa or Sipayatana and
 - b. Senis -craft unions of Buddha's period
3. Paintings of Buddha's period
 - a. Cloth paintings,
 - b. Wall paintings
4. Sculpture of Buddha's period, Buddha images and other sculptures mentioned in Pali and Sanskrit literature)
5. Origin of symbolic art in Buddhism

Unit IV: Development of Buddhist Art Schools **15**

1. Buddhist art in Mauryan period
2. Buddhist Art of Sunga, Satavahana period
3. Mathra school of art (Kushana & Gupta)
4. Gandhara school of art (Kushana)
5. Amaravati school of art (Andhra)
6. Sarnath school of art (Gupta)
7. Pala School of Art

Unit V: Origin and Development of Buddhist Architecture

15

1. Vihar Architecture: Meaning and Concept
2. Early shelters of Monks: Kuti and Ruck cut shelters
3. Five types of Lenas:
 - a. Vihara,
 - b. Addayoga,
 - c. Pasada,
 - d. Hammiya and
 - e. Guha
4. Features of Baha and Bahil Architecture
5. Features of Tibetan Gompa Monastery
6. Stupa Architecture:
 - a. Meaning and Concept
 - b. Introduction to Cetiya, Stupa and Chorten

Part Three

Buddhist Art of Nepal

Unit VI : Origin and Development of Buddhist Art in Nepal **15**

1. Origin of Buddhist art in Nepal
2. Features and techniques of Paubha Painting and Thangka Painting
3. Medieval Buddhist Paintings of Nepal
4. Introduction to Buddhist Fresco and Manuscript Paintings of Nepal

Unit VII: Buddhist Sculptures of Nepal **15**

1. Buddhist Sculptures of Licchavi Period (Stone sculptures)
2. Techniques of Metal casting in Nepal (Lost wax casting)
3. General introduction to Repose Art of Nepal
4. Features of Medieval Buddhist Sculptures of Nepal (Metal and Wood)

Part IV

Buddhist Iconography

Unit VIII: Iconography of Buddhist Deities

10

1. Meaning and Concept of Iconography
2. Chief features of Buddhist Iconography:
 - a. Colour,
 - b. Posture,
 - c. Gesture,
 - d. Drapery,
 - e. Ornaments and
 - f. Attributes
3. General Introduction to Buddhist Iconographical texts:
 - a. Sadhanamala,
 - b. Sadhanasamucchaya,
 - c. Kriyasangraha,
 - d. Devapratimalaksana,
 - e. Manjushreesadhana,
 - f. Nispannayogavali

Unit IX: Iconography of selected deities

20

1. Dipankar Buddha, Shakyamuni Buddha and Bhaisarjya Buddha
2. Boddhisattva Maitreya, Padmapani, Vajrapani and Manjusri
3. Vajrasattva, Vajradhara and Panchabuddha
4. Arya Tara, Prajnaparmita and Vasundhara
5. Chakrasambhara, Heyvajra

Unit X : Art and Rituals

10

1. Brief Introduction to Ritual Art
2. Mandala

Reference Book

1. Bajracarya, Dunda Bahadur (tr.), *Samyutta Nikaya*, Lalitpur: Bir puma Pustak Sangrahalaya. 1999.
2. Bajracarya, Duna Bahadur (tr.), *Digha Nikaya, Gabahal*, Lalitpur: Bir Puma pustak Sangrahalaya, 2000.

3. Bajracharya, Sadharma Raj (tr.), *Sadharmapundarika Vaipulyasutra*, Lalitpur: Lotus Research Centre, 1990.
4. Bhattacharya, Benoytosh (ed.), *Sadhanamala*, Baroda: Oriental institute, 1968.
5. Bhattacharya, Benoytosh, *Indian Buddhist Iconography*, Calcutta: K. L. Mukhopadhyaya, 1972.
6. Brajracharya, Dunda Bahadur (tr.), *MajjhimaNikaya*, Lalitpur: Bir Puma Pustak Sangrahalaya, 1997.
7. Coomarswamy, Ananda K., *The Origin of the Buddha Image*, New Delhi: Munshiram Manoharlal, 1972.
8. Cowel, E.B., *The Jataka*, Delhi: Low price Publication, 1997.
9. Dorjee, Pema, *Stupa and Its Technology*, New Delhi: Indira Gandhi National Centre for the Arts and Motilal Banarasidass Publishers Pvt. Ltd., 1996
10. Germain Bazin, *A Concise History of Art*, London: Thames and Hudson, 1958.
11. Gupta, Rajatananda Das, *Nepali Miniature*, New Delhi: Bharatiya Vidya Bhawan, 2001.
12. Jackson, David and Janice Jackson, *Tibetan Thangka Painting*, London: Serindia Publications, 1984.
13. Kausallyayana, Bhadanta Ananda, *Jataka*, Vol. I-IV, Prayag: Hindi Sahitya Sammelana, 1982
14. Kramrich, Stella, *The Art of Nepal*. London: Asia Society, 1964
15. Kreiger, Hugo E., *Kathmandu Valley Painting: The Jucker Collection*, London: Serindia Pub., 1999.
16. Pal, P., *Art of Nepal*, Leiden: E. J. Brill, 1985.
17. Roy, C. Craven, *Indian Art*, London: Themes and Hudson, 1993.
18. Sankrityayana, Rahul (tr.), *Vinayapitaka*. Varanasi: Baudha Akargranthamala, Kasi Vidhyapith, 1994
19. Shakya, Hem Raj, *Svayambhu Mahacaitya*, Kathmandu: Svayambhu Vikas Mandal, 2004.

20. Shaky, Mahendra Ratna, "Pali Sahityama Vihar", *Buddha Jayanti Golden Jubilee Souvenir*, Patan: Padmavati Mahavihar. 2014.
21. Shaky, Mahendra Ratna, *Dhatubat Nirmat Kalatmak Vastuko Namuna Pustika*, Kathmandu: Government of Nepal, Cottage and Small Industry Development Committee, B.S. 2068,
22. Shaky, Mahendra Ratna, "Buddhist Art in Pali Literature", *International Buddhist Conference 15-18 November, 2014*, part 1, Lumbini: Theravada Buddhist Acaademy and Sitagu International Buddhist Academy, 2014.
23. Shaky, Mahendra Ratna, *A study of Vasundhara Devi*, Lalitpur: Lotus Research Centre, 1994.
24. Shaky, Milan Ratna, *Buddhas and Bodhisattvas*, Kathmandu: CNAS, 2011.
25. Shaky, Mm Bahadur, *Sacred Art of Nepal*, Kathmandu: Handicraft Association of Nepal, 2000
26. Shaky, Mm Bahadur, *The Iconography of Nepalese Buddhism*, Kathmandu: Handicraft Association of Nepal, 1994.
27. Shaky, Rabison, *Alphabet of the Nepalese Script*, Patan: Motiraj and Sanunani Shaky, 2009
28. Slusser, Mary S., *Antiquity of Nepalese Wood Carving: A Reassessment*, Washington: University of Washington Press, 2010.
29. Slusser, Mary Shepherd, *Nepal Mandala*, New Jersey: Princeton University Press, 1982.
30. Tomory, Edith, *A History of Indian Arts in India and the West*, Chennai: Orient Blackswan Private Ltd., 2009.
31. Vaidya, P. L. (ed.), *Divyavadan*, Darbhanga: Tha Mithila Institute, 1958.
32. Vaidya, P. L. (ed.), *Lalita - Vistara*, Darbhanga: The Mithila Institute, 1959.
33. Vajracharya, Manavajra, *Nepalko Madhyakalin Kala*, Kathmandu: Sucana Vibhaga,

34. Verna, Sailendra Kumar, *Art and Iconography of the Buddha Images*, New Delhi: Eastern Book Linkers, 1994.
35. Regmi, Dineshchandra, *Puralekhan ra Abhilekha*, Dillibazar (Kathmandu): Himalaya Book Stal, BS 2060

Research Methodology

M.A. in Theravada Buddhism
Paper V-A
MATB 513

First Year
Full Mark: 50(40+10)
Teaching Hours: 75

Objectives

Overall objective of the Research Methodology is to make student capable to perform in-depth research and write research papers. Specific objectives of the subject are to enable students:

1. To prepare research proposal, conduct a research and prepare a research paper prescribed by university
2. To pursue research independently
3. To understand techniques and art in social science research relating to Buddhist Studies
4. To create own new vision on subject title with respect to Buddhist Studies
5. To identify and answer the research questions/problems

Unit I: Introductory Background **10**

1. Concept and importance of Research
2. Types of Research
 - a. Descriptive and analytical,
 - b. Quantitative and qualitative
 - c. Historical and survey methods

Unit II: Sources and Types of Information **20**

1. Types of evidence in Buddhist Studies
2. Nature of Information
 - a. Original,
 - b. Primary and
 - c. Secondary
3. Collection of information

- a. Observation
- b. Interview,
- c. Questionnaire/Schedule
- 4. Developing of Tools - Sampling
- 5. Archaeological (artistic and monumental information) evidence in Buddhist Studies

Unit III : Manuscriptology and Buddhist Studies 20

- 1. Concept of manuscriptology
- 2. Types of manuscriptology
- 3. Production and preservation
- 4. Pali and Sanskrit manuscript in South Asia
- 5. Textual criticism in Buddhist Manuscripts

Unit IV : Practical Aspect of Research Methodology 20

- 1. Selection of Topics
- 2. Statement/Identification of Research Problem
- 3. Scope, Limitation and Rational of the topic
- 4. Review of literature
- 5. Citation, Footnote and Bibliography
- 6. Preparation of research paper
- 7. Presentation (Graphical, tabulation, charts, figures, photographs, etc.)

Unit V: Research Proposal — Research Paper 5

Students are required to submit a research paper under the guidance of supervisor/professor/lecturer as a part of internal examination.

Suggested Readings

- 1. Baker, Therese L., *Doing Social Research*, London: McGrow Hill, 1991
- 2. Young Poulin V., *Scientific Social Survey and Research*, New Delhi: Prentice Hall, 2006.

3. Turabian, Kale L., *A Manual of Writers of Term Paper, Thesis and Dissertation*, Chicago University, 2007.
4. Wolff, Howard K., and Prem R. Pant, *A Handbook for Social Science Research and Thesis Writing ...*
5. Katre, S.M., *Introduction to Indian Textual Criticism*, Deccan College Handbook Series 5, Poona, 1954
6. Murthy, R.S.S., *Introduction to Manuscriptology*, New Delhi: Sharada Pub. House, 1996
7. Sarma, K.V., “Manuscriptology and Textual Criticism in Medieval India”, *Indological Tourinesia*, Vol. 10, 1982. pp. 281-288
8. Bhattacharya, Narendra Nath, *History of Research on Indian Buddhism*. New Delhi: Munshiram Manoharlal Publishers., 1981.
9. Cryer, Pat., *The Research Student's Guide to Success*. New Delhi: Viva Books, 1991.
10. Hanayama, Shinsho, *Bibliography of Buddhism*. New Delhi: Akshaya Prakashan, 2005.

Buddhism and Society

M.A. in Theravada Buddhism

Paper V-B

MATB 514

First Year

Full Mark: 50

Teaching Hours: 75

Course Objective

This course is designed with an objective to impart knowledge on social significance of Buddhism in modern times. It begins with learning from some of the selected Pali and Sanskrit Sutras. Students will learn about the role of Buddhism in social development as well as impact in the society.

Unit I: Buddhism and Society - Study of Selected Pali and Sanskrit Sutra **15**

1. Gilana sutta, Jivaka Sutta, Kula Sutta, Dhammika Sutta, Dighajanu Sutta,
2. Sigalovada Sutta, Kutadanta Sutta, Cakkavatti Simhanada Sutta.
3. Mangala Sutta, Parabhava Sutta
4. Ugraparipriccha Sutra, Gandavyuha Sutra, Lalitvistara Sutra and
5. Namasangiti Sutra

Unit II : Buddhism and Social Development **15**

1. Buddhism and Social Involvement.
 - a. Buddhist Social Principles and theories.
2. Buddhism in Syncretic Shape.
3. Buddhist Approach to Social Development.
4. Buddhism and Social Action (generosity, helping, [teaching], community service)

Unit III: Buddhism and Lay Society **15**

1. Introduction and practice of lay Buddhism
2. Vinaya for laity
3. Laity and the Sangha

Unit IV : Buddhism and Ethnic Communities of Nepal 15

1. Introduction of Buddhist Communities in Nepal
 - a. Newar
 - b. Tamang
 - c. Magar
 - d. Tharu
 - e. Gurung
 - f. Thakali
 - g. Sherpa
2. Buddhist Ritual practices of Ethnic Communities
3. Tools for propagation of Buddhism in Ethnic Communities
 - a. Dhamma Desana
 - b. Pariyatti Education
 - c. Canonical language course
 - d. Buddhist Awakening programs
 - e. National conference of Dharmodaya Sabha
 - f. Ordination programs
 - g. Vesakpurnima

Unit V Impact of Buddhist Teachings in the Modern Society

1. Theoretical framework to apply spiritual principles to collective social issues
2. Impact of Buddha's Teachings in Politics, Economy and Environment

Suggested readings

1. Selected Suttas from Pali Nikayas
2. Selected Sanskrit Sutras
3. Bechert, Heinz and Richard, *Buddhism in the Modern World*, London: Thames and Husdon, 1991
4. Bodhi, Bhikkhu, *Facing the Future: Four Essays on Buddhism and Society* Kandy Buddhist Publication:2000
5. Jones, Ken, *Buddhism and Social Action: An Exploration*, Kandy Buddhist Publication:1981

6. Jones, Ken, *New Social Force of Buddhism: A call to Action*, London: Wisdom books,2003.
7. Loy, David. *the Great Awakening: A Buddhist Social Theory*, London: Wisdom books,2003.
8. McMahan, David L., *The Making of Buddhist Modernism*. Oxford: Oxford University Press, 2008.
9. Shoji, Rafael. 'Buddhism in Syncretic Shape: Lessons of Shingon in Brazil', *Journal of Global Buddhism*, Vol.4, 2003.