

**Lumbini Buddhist University**  
**Master of Arts in Theravada Buddhism**  
**First Semester Syllabus**

**Basic Course**

<b>Code MTB 511 History of Theravada Buddhism</b>	<b>3cr.</b>
<b>Code MTB 512 Pali Language and Literature I</b>	<b>3cr.</b>
<b>Code MTB 513 Theravada Buddhist Practice</b>	<b>3cr.</b>
<b>Code MTB 514 Buddhist Philosophy I</b>	<b>3cr.</b>

**Advanced Course**

<b>Code MTB 515 Suttapitaka Analysis I</b>	<b>3cr.</b>
--	-------------

**Elective Course**

<b>Any one</b>	<b>3cr.</b>
<b>Code MTB 516 A Buddhist Economics</b>	
<b>Code MTB 516 B Buddhist Iconography</b>	
<b>Code MTB 516 C Buddhism and Leadership</b>	

**Lumbini Buddhist University**  
**Master of Arts in Theravada Buddhism**  
**History of Theravāda Buddhism**  
**(Basic Course)**

**Semester I**

**(Cr. 3) Lecture hr. 48**

**Paper I**

**Full Mark 50**

**Code code MTB 511**

**Pass Mark 25**

**Course Description**

This course provides basic knowledge about the life of the Buddha and history of Theravāda Buddhism in Nepal and India. The course is divided into five units such as the introductory background, life of Buddha and Buddhist Councils, edicts of Emperor Asoka, history of Theravāda Buddhism in Nepal and decline and revival of Buddhism in Nepal and India.

**Objectives**

The main objectives of this course is to impart students with basic knowledge on

1. The fundamental History of Theravāda Buddhism in Nepal and India.
2. The Life of the Buddha
3. History of Buddhist councils
4. Spread of Buddhism by Emperor Asoka and his important edicts

**Course Contains**

**Unit I : Introductory Background**

**6**

1.1. Sources of History of Buddhism (Literary Sources; Archeological Sources; Foreign Traveler's Account)

1.2. Introduction of Janapada and Mahājanapadas of 5<sup>th</sup> century BC (Sixteen Mahājanapadas; Four Great Kingdoms; Six Great Cities and Ten Major Republic of Buddha's period)

2.1. Past life (*Dūre Nidāna* - Brief introduction of Sumedha Tāpaso; Dīpaṅkara Buddha's prediction; Sumedha's practice of ten perfections (*Paramattha Pārami*) with reference to ten Jātakas).

2.2. Early life (*Avidūre Nidāna* - Bodhisattva in Tusita heaven, Five Great Observations *Pañcamahāvilokana*, Genealogy of Shakyas from Jayasena- Rahula; Bodhisattva's descend from heaven to the womb of Mahāmāyā Devi, Birth of Prince Siddhattha with seven other persons and things (*satta sahajātā*); Sage Asita's prediction, Naming ceremony, Ploughing festival, Education, & Married life; Renunciation and mendicant life; In the dispensation of Ālāra Kālāma and Uddaka Rāmaputtta; Bodhisattva's Austere practice at Urubela; Offering of milk rice by Sujātā; Victory over Māra and attainment of Buddhahood; Buddha's first utterance of joy (udāna) or first Buddha vacana)

2.3. Present life (*Santike Nidāna*- Buddha's seven weeks around the Bodhi Tree; Tapussa Bhallikā offering honey-comb; dhammacakkapavattana,; conversion of 30 Bhaddiya Princes and King Bimbisāra; Ordination of Sāriputta and Mogallāna; Visit to Kapilavatthu conversion of the King Suddhodana and family; Offering of Jetavana by Anāthapindika)

2.4. Passing away (*Mahāparinibbāna* - Buddha's last vassāvāsa; Announcement of his death; Last meal; Four pilgrimage sites of Buddhism; Permission of erecting *thūpas* of four persons; Buddha's last disciple; The final words of the Buddha; Buddha's *mahāparinivvāna*; Worshiping and cremation of death body, distribution of relics and construction of *thūpas*)

2.5. First to Six Buddhist Councils (Background, process, outputs of each Council)

2.6. Introduction to Eighteen Nikāyas with the doctrines of Theravāda, Mahāsāṅghika, Mahisāsaka, Sarvāstivada, and Sammitiya.

2.7. Rise of Mahayāna and Vajrayāna Buddhism

- 3.1. Asoka's Dhamma Mission
- 3.2. Edicts of Asoka-
  - 3.2.1. Among the fourteen rock edicts no. 1, 2, 7, 12 & 13
  - 3.2.2. Among seven pillar edicts no. 2 and 3;
  - 3.2.3. Minor Rock Edicts 1, 2 and 3;
  - 3.2.4. Lumbini and Niglihawā pillar inscription.

**Unit IV: History of Theravada Buddhism in Nepal 8**

- 4.1. Visit of Buddha, Ananda and Emperor Asoka in Nepal
- 4.2. History of Theravāda in Licchivi Nepal
- 4.3. Decline of Theravāda in Medieval Nepal
- 4.4 Revival of Theravāda in 19<sup>th</sup> century

**Unit V: Decline and Revival of Theravāda Buddhism in India 4**

- 5.1. Gradual decline of Buddhism with reference to Huan Tsang's Travel Account
- 5.2. Revival of Thereavada Buddhism in India with special reference to Anāgārika Dharmpāl and Dr. B.R. Ambedkar.

**Methods of Teachings**

Lectures, Question and Answers, Illustrations. Field visits and Discussions.

**Evaluation Techniques**

Written Examination, Presentations and Assignments.

**Specification Grid (Question Plan)**

S. N	Group	Question pattern	No. of Ques.	Ans . only	Question from Unit	FM
1.	A	Critical Evaluation	2	1	2 & 4	1x10= 10
2.	B	Descriptive and Analytical	3	2	2, 3 & 4	2x10= 20
3.	C	Short Answer or short notes	6	4	1 to 5	4x6= 24
4.	D	Multiple Choice Objective questions	12	All	1 to 5 All	12x1.5=6 Total =60

## Prescribed Texts

- Bhikshu, Bodhisena Mahasthavir (tr.), *Anguttaranikaya*, vol. 1, Kathmandu: Upasika Jesthamaya Baniya, 2013, Third Nipat, Uposatha Sutta- 16 Mahajanpada.
- Bhikshu, Bodhisena Mahasthavir (tr.), *Anguttaranikaya*, vol. 4, Kathmandu: Natikaji and Narayana Devi Maharjan, 2011, Eight Nipat, Vitthatuposatha Sutta; Visakha Sutta and Bojjha Sutta - 16 Mahajanpada.
- Bhikshu, Amritananda, *Buddha Sasanko Itihas*, Lalitpur: Herakaji Sujika, 2032 VS
- Bhikshu, Amritananda, *A Short History of Theravada Buddhism in Nepal*, Kathmandu: Anandakuti Vihar Trust, Second Edition, 1985.
- Conze, Edward, *A Short History of Buddhism*, London: George Allen and Unwin, 1980.
- Dhammika, S. (tr.), *The Edicts of King Asoka*, Buddha Dharma Education Association Inc. buddhanet.net
- Dutt, Nalinaksha, *Buddhist Sects in India*, Delhi: Motilal Banarsidass, 1987.
- Hazara, Kanai Lal, *The Rise and Decline of Buddhism in India*, New Delhi: Munshi Ram Manohar Lal, 1998.
- *Jataka*, Vol. I, (Nidan Katha), Igatpuri: Vipassana Vishodhan Vinyash, 1998
- Levine, Sarah and David Gellner, *Rebuilding Buddhism: The Theravada Movement in Twentieth Century Nepal*, Cambridge Mass.: Harvard University, 2005.
- Upadhyaya, Bharatasinha, *Buddhakalin Bharatiya Bhugol*, Prayaga: Hindi Sahitya Sammelan, 1961. (Chapter 3)
- Pradhan, Bhuvan L., *Nepalma Bouddha Dharma*, Kathmandu; Royal Nepal Academy, 1990.

## References

- Bajracharya, Naresh Man, *Vajrayayan*,. Kathmandu: Tri-Ratna Kosh. 2012
- Dutt, Sukumar, *Buddhist Monks and Monasteries of India: Their History & Their Contributions To Indian Culture*, London: George Allen and Unwin, 1962.
- Ram, Rajendra, *History of Buddhism in Nepal (A.D. 704-1396)*, Patna: Janabharati Prakashan, 1977

- Regmi, D R, *Medieval Nepal*, 2 Vols., Calcutta: K.L. Mukhopadhyaya, 1972.
- Sarao, K.T. S., *The Decline of Indian Buddhism: A Fresh Perspective*, New Delhi: Munshiram Manoharlal, 2012.
- Utrecht, Ria Kloppenborg, "Theravada Buddhism in Nepal", *Kailash*, (A Journal of Himalayan Studies), Vol.V, No. 4, 1997
- Vajracharya, Dhanavajra, *Licchavikalka Abhilekh*, Kirtipur: Asiyali Anusandhan Kendra, BS 2030
- Williams, Paul, *Mahayana Buddhism*, London: Roputledge, Reprint, 1991.
- Wnternitz, Maurice, *History of Indian Literature*, Vol. 2, Delhi: MLBD, 1998.

**Lumbini Buddhist University**  
**Master of Arts in Theravada Buddhism**  
**Pāli Language and Literature I**  
**(Basic Course)**

**Semester I**

**(Cr. 3) Lecture hr. 48**

**Paper II**

**Full Mark 50**

**Code code MTB 512**

**Pass Mark 25**

**Course description**

This course deals with the basic knowledge about Pāli Language and Literature. It is divided into two sections. The language part is discussed in the first section, with Introduction, Alphabet, Gender and Number, Verb, Noun, Sandhi and Samāsa. Section second deals with the origin, divisions of Pali literature.

**Objectives**

The

main objective of the course is to impart the preliminary knowledge on

1. Basics of Pāli Language
2. General introduction to Pāli literature
3. Divisions and development of Pāli Tipitaka,

**Section I: Pāli Language**

**Unit I : Introduction of Pāli Language**

**2**

1.1 Origin and Historicity of Pāli Language

1.2 Scholars and approaches to Pāli Language

**Unit II: Alphabet, Gender and Number**

**5**

2.1 The Alphabet and Pronunciation

2.2 Gender, Number, Person, Case and Case ending

**Unit III: Verbs and Their Conjugation****8**

- 3.1 Verbs
- 3.2 Present Tense
- 3.3 Past Tense
- 3.4 Future Tense
- 3.5 Imperative Mood

**Unit IV: Declension of Nouns, Sandhi and Samasa****13**

- 4.1 Masculine Nouns Ending in - a and i
- 4.2 Feminine Nouns Ending in -ā and i
- 4.3 Neuter Nouns Ending in - a and i
- 4.4 Sandhi- Kappa (Combination Chapter)
- 4.5 Samāsa - Kappa (Compound Chapter)

**Section II: Pāli Literature****Unit V: Introduction and Classification of Pāli Literature****20**

- 5.1 Origin and Meaning of Pāli
- 5.2 Pāli as a language and literature
- 5.3 Pāli as an early teaching of Buddhism
- 5.4 Style and divisions of Pāli literature
- 5.5 Nava Anga and 84000 Dhammakkhanda
- 5.6 Origin and Development of Sutta Pitaka, Vinaya Pitaka and Abhidhamma Pitaka

**Methods of Teachings**

Lectures, Question and Answers, Illustrations and Discussions.

**Evaluation Techniques**

Written Examination, Presentations and Assignments.

**Specification Grid (Question Plan)**

S.N	Group	Question pattern	No. of Ques.	Ans. only	Question from Unit	FM
1.	A	Critical Evaluation	2	1	V	1x10= 10
2.	B	Descriptive and Analytical	3	2	I & V	2x10= 20
3.	C	Short Answer or short notes	6	4	II,III&IV	4x6= 24



4.	D	Multiple questions	Choice	Objective	12	All	I to V	12x0.5=6 Total =60
----	---	-----------------------	--------	-----------	----	-----	--------	-----------------------

### Prescribed texts

Anagaika, Agganyani, *Pāli Shiksha ra Sanksipta Vyakarna*, Kathmandu: Dilratna Shakya, Vidyā Shakya 2010.

Bajracharya, D. B., (tr.) *Digha Nikaya* (NePāli), Lalitpur: Bir-Purna Memorial Publication.1989. Print.

Bajracharya, D. B., (tr.) *Samyutta Nikaya* (Nepal Bhasa), Lalitpur: Bir-Purna Memorial Publication.1999.

Bajracharya, D. B., (tr.) *Majjhima Nikaya* (Nepal Bhasa), Lalitpur: Bir-Purna Memorial Publication.1997.

Pranputra, Samyaka Sambodhi and Kondanya Sangharam, (tr.) *Visuddhimarga*, Kathmandu: Sukhi Hotu Nepal, 2001

Upāddhyāya, Bharat, Singh, *Pāli Sahitya Ka Itihaas*, Ilahabad: Hindi Sāhitya Sammelan, 2000

Warder, A.K, *Introduction to Pāli*, London: Pāli Text Society, 1991 (Reprint).

### References

Bajracharya, D. B., (ed.) *Pali-Nepal Bhasha Dictionary*, Lalitpur: Bir-Purna Memorial Publication.2018. Print.

Bauer, Mikael, *Gantha Vamsa*, Taiwan : Bhikkhu Dharmagupta, 2001

Bhikhsu, Saranankar, *Saral Pāli Vyakarna*, Kathmandu: Vidya Bajracharya, 2018

Buddhadatta, A.P, *Concise Pāli- English Dictionay*, Delhi: Motilal Banarasidass, 1989.

Conze, Edward (ed.), *Buddhist Texts through the Ages*, New Delhi: Munshiram Manoharlal Publishers Pvt. Ltd., 1992

Conze, Edward, *Buddhist Thought in India: Three Phases of Buddhist Philosophy*, London: George Allen & Unwin Ltd, 1962

Davids, T.W., *Indian Buddhism*, Delhi :Motilal Banarsidass Publishers, 1993.

Desar, Basudev, *Tripitaka Parichaya*

- Kondannya, Shangharam, *Sancchipta Dighanikaya Ra Majjhimanikaya* (In Short:Dighanikaya and Majjhimanikaya),Kathmandu: Gyanjyoti Kansakar, 1999.
- Mahanayaka Thera, Ananda Maitreya, *Pāli made easy*, Shri Lanka: Buddhist Cultural Centre, reprint 1992
- Mahasthavir, Amritananda, *Buddhakalin NePāli Vishwakosh*, Lalitpur: Bir Purna Pustakalaya, 2019
- Mahastravir, Bodhisena, (tr.) Anguttara Nikaya,Part I to V, Banepa: Upasaka Upasika,2015
- Mahasthavir, Dharmagupta, *Nhu sidhanta Pāli (New Concept Pāli)*, Kathamandu: Narendra, Devendra, Ravindra Raj Sayami, 2018
- Mahathera, Narada ,*The Buddha and His Teachings*, Kualalumpur: Buddhist Missionary Society, 1980.
- Malālasekera G.P, *Dictionary of Pāli Proper Names, Vol 1 and 2*, New Delhi: Munsiram Manoharlal Publishers Pvt Ltd. 1998. Print.
- Webb, Russell and Nyanatusita, Bhikkhu, *An Analysis of the Pāli canon and a referece Table of Pāli Literature*, Kandy: Buddhist Publication Society 1991
- Winternitz, Maurice, *A History of Indian Literature*, Part II, Calcutta: Munsiram Manoharlal Publishers Pvt. Ltd,1991

**Lumbini Buddhist University**  
**Master of Arts in Theravada Buddhism**  
**Theravada Buddhist Practice**  
**(Basic Course)**

**Semester I**

**Paper III**

**Code code MTB 513**

**(Cr. 3) Lecture hr. 48**

**Full Mark 50**

**Pass Mark 25**

**Course Description**

This course provides basic knowledge about the Theravada ritual practice. The course is divided into five units. First unit is concerned with *trisarana* and the observation of precepts. The second unit is about the veneration to Triple-gem. The third unit is discussed about chanting parita and others. Similarly, the fourth and the last units are devoted to religious rituals in Wedding Ceremony and funerals.

**Objectives**

The main objective of the course is to provide practical knowledge of Buddhist rituals performed by Monks on

1. Observation of precepts and the daily chanting
2. Paritta chanting on various occasions like birthday, illness, naming ceremony etc.
3. Marriage Rituals
4. Death Rituals

**Course contains**

**Unit I Observing Precepts**

**10**

**1.1** Taking refuge to Triple-gem (Ti- sarana gamana Pāli with meaning)

**1.2** Observing five precepts (Pancasīla Pāli with meaning)

**1.3** Observing eight precepts (Astasīla Pāli with meaning)

**1.4** Observing ten precepts (Dasasīla Pāli with meaning)

**Unit II Tiratana Vandanā (Veneration to Triple Gem)**

**10**

- 2.1. Buddha Vandanā (Pāli with meaning)
- 2.2. Dhamma Vandanā (Pāli with meaning)
- 2.3. Sangha Vandanā (Pāli with meaning)
- 2.4. Offering of water, food, fruit, flower, fragrance (incense), and light (jala, khajjaka, phalamula, puppha, dhupa, and dipa pūja (Pāli verse with meaning)

**Unit III Chanting Paritasutta and others 14**

- 3.1. Āhvān Sutta, Maṅgala Sutta, Metta Sutta and Puvanha Sutta
- 3.2. Patthānuddesa Pāṭha (recitation of 24 causal relations titles only)
- 3.3. Patthānuddesa Pāṭha (recitation of avijjapaccayā sankhārā)

**Unit IV Chanting and religious rituals in Wedding 6**

- 4.1. Preparation of Mandapa
- 4.2. Observing Five Precepts
- 4.3. Recitation of Āhvānasutta, Mangalasutta
- 4.4. Five types of assurance from both bride and groom side
- 4.5. Offering of garland by both bride and groom
- 4.6. Giving bride's hand to groom with pouring of water with blessing
- 4.7. Chanting of Jayamangalagāthā, Mettasutta and wrap the Parita thread to new couple with blessing.
- 4.8. Closing of wedding ceremony

**Unit V Religious rituals in Funerals 8**

- 5.1. Observation of five precepts
- 5.2. Offering of Mataka Vattha (white cloth) to Monk or Sangha with Pāli chanting
- 5.3. Chanting of Aniccāvatasāṅkhāra....)
- 5.4. Sharing of Merit (Puññanumodana Pāli with pouring of water)
- 5.5. Cremations or Death rituals with necessary objects

**Methods of Teachings**

Lectures, Chanting and Observation.

## Evaluation Techniques

Written Exam, Oral Examination internal, Presentations, Assignments and Performance.

## Specification Grid (Question Plan)

S.N	Group	Question pattern	No. of Ques.	Ans. only	Question from Unit	FM
1.	A	Critical Evaluation	2	1	4 & 5	1x10= 10
2.	B	Descriptive and Analytical	3	2	1 to 5	2x10= 20
3.	C	Short Answer or short notes	6	4	1 to 5	4x6= 24
4.	D	Multiple Choice Objective questions	12	All	1to5 All	12x1.5=6 Total =60

## Prescribed Texts

Amritananda, Bhikshu (tr.), *Dhammapada*, Kathmandu: Anandakuti Vihara Trust, 2046, BS.

Amritananda, Bhikshu, *Triratna Vandana ra Pāthyasutra*, Kathmandu: Anandakuti Vihar Trust, 1985.

Ashvaghosa, Bhikshu, *Baudha Sanskār*, Kathmandu: Sanuratna Sthapit, 2000.

Jnanapurnika, Bhikshu, *Paritran Sutra*, Kathmandu: Indra Kumari Mharjan, 2072.

Sayadaw, U Silānada, *Paritta Pāli & Protective Verses*, Penang: Inward Path Punlisher, 1999.

Shakya, Dharmaratna, *Baudha Sanskar Paddhati*, Kathmandu: Yuva Baudha Samuha, 1994.

Shakya, Dharmaratna "Trisuli" (tr.), *Patthāna Pāli*, Kathmandu: Bhikshu Jatila, 1997.

## Reference:

Mahasthavira, Bhadanta Bodhananda, *Baudha Carya Paddhati*, Lucknow: Bhikshu G. Pragyananda, 4<sup>th</sup> edition, 1973.

Shakya, Mahendra Ratna, *Ti-ratana and Ti-sarana*, Lalitapur: Chandra Devi, Amara, Anula, Manju, Pragyendra, Meer Shakya Family, BS 2076.

**Lumbini Buddhist University**  
**Master of Arts in Theravada Buddhism**  
**Buddhist Philosophy I**  
**(Basic Course)**

**Semester I**

**Paper IV**

**Code code MTB 514**

**(Cr. 3) Lecture hr. 48**

**Full Mark 50**

**Pass Mark 25**

**Course Description**

This course imparts the knowledge on philosophical aspects of Buddhism. The course in this first semester includes the General Buddhist concepts, Basic Buddhist philosophy, Philosophical Tenets, Law of Kamma, Bodhisattva Ideals and Perfections

**Course Objectives**

The overall objective of this course is to impart students with the knowledge on philosophical aspects of Buddhism. The specific objectives are as follows:

- Student will acquire knowledge on basic Buddhist philosophy and Philosophical tenets,
- Student will learn the Law of kamma and will be able to develop right understanding,
- Student will acquire knowledge on Bodhisattva Ideals and Perfections,
- Students will be able to identify the universal truths and humanity aspects on Buddhism.

**Course Contents**

**Unit I: General Buddhist concepts**

**4 hrs**

1.1 The concept of Tiratna and refuge on them

1.2 The concept of Sila (Five /Eight precepts)

**Unit 2: Basic Buddhist Philosophy**

**20 hrs**

2.1 General Philosophy and Buddhist Philosophy

- 2.2 Catu-Ariya-Sacca (Four Noble Truths)
- 2.3 Patīccasamuppāda (Dependent Origination)
- 2.4 Paṭṭhāna (Conditional Relation)
- 2.5 Tilakkhaṇa (Three Universal Characteristics)

**Unit 3: Philosophical Tenets**

**6 hrs**

- 3.1 Skandha (Aggregates), Āyatana (Spheres), Dhātu (Elements) and Sacca (Truth)
- 3.2 Dasa Sanyojana (Ten Fetters)
- 3.3 Arahata and Nibbāna

**Unit 4: Law of Kamma**

**8 hrs**

- 4.1 Introduction of the five Universal Laws
- 4.2 Concept of law of kamma
- 4.3 Sucaritta and Ducaritta (Ten Wholesome deeds and ten Unwholesome deeds)
- 4.4 The importance of understanding the law of kamma
- 4.5 Classification of Kamma (Four-fold according to its function, priority of effect, time of taking effect and plane where the effects take place)

**Unit 5: Bodhisattva Ideals and Perfections**

**10 hrs**

- 5.1. Bodhisattva Ideals
- 5.2. Dasapāramitā (Ten Perfections)

**Teaching Methods**

Lectures, Question and Answers, Discussions and Self-reflection.

**Evaluation Techniques**

Written Examination, Group presentation and Assignments

**Specification Grid (Question Plan)**

S.N	Group	Question pattern	No. of Ques.	Ans. only	Question from Unit	FM
1.	A	Critical Evaluation	2	1	2 & 4	1x10= 10
2.	B	Descriptive and Analytical	3	2	2, 3, 4 &5	2x10= 20
3.	C	Short Answer or short notes	6	4	1,2, & 5	4x6= 24
4.	D	Multiple Choice Objective questions	12	All	All units	12x.5=6 Total =60

### Prescribed Texts

- Dhammananda, K. Sri. *Gems of Buddhist Wisdom*. Kulalumpur: Buddhist Missionary Society, 1989.
- Bhikkhu Kumar Kasyap, *DasaParamita*, Kathmandu: SukhiHoti Nepal, 2004.
- Narada Thera, *The Buddha and His Teachings*. Taipei: CBBEF, 1995.
- Pategama Gnanarama, *Essentials of Buddhism*. Taipei: The corporate Body of the Buddha Educational Foundation, 2000.
- Piyadassi Thera, *Buddha's Ancient Path*, Kandy: Buddhist Publication Society, 1974.
- Walapola, Rahula, *What the Buddha Taught: Revised and Expanded Edition with Texts from Suttas and Dhammapada*, NY: Grove Press, 1974.

### References:

- Bajracharya, Dunda Bahadur, *Majjhimanikaya*, Lalitpur: Bir Purna Pustak Sangrahalaya, 2001
- Bapat, P.V.(ed.), *2500 years of Buddhism*. Delhi: Ministry of Information and Broadcasting, 1987
- Bodhi Bhikkhu, *Samyutta Nikaya*, Boston: Wisdom Publication, 1996.
- Bodhisena, Bhikkhu, *Anguttaraikaya* (Part 1, 2 and 3), Kathmandu: Anagarika Viryaparamita and Family, 2008
- Chan Khoon San, *Buddhism Course*. Malaysia: Bro.Chan Khoon San, 2006.
- Dhammananda, K. Sri. *What Buddhists Believe*. Taiwan: The Corporate Body of the Buddha Educational Foundation, 1993.
- Kuruppu, Rajah, *Buddhism: Its Essence and Some Relevant Approaches*, Colombo: Public Trustee of Sri Lanka, 2003.
- Mahasthavir, Ashvaghosh, *Dasa Samyojana*, Kathmandu: Publisher, 1969.
- Santina, Peter de la, *The Tree of Enlightenment*, Taiwan: Chico Dharma Study Foundation, 1997.
- Thera, Nyanatiloka, *The Buddha's Teachings for Egolessness*, Colombo: Lake House Book Shop, 1980.



**Lumbini Buddhist University**  
**Master of Arts in Theravada Buddhism**  
**Suttapitaka Analysis I**  
**(Advanced Course)**

**Semester I**

**Paper V**

**Code code MTB 515**

**(Cr. 3) Lecture hr. 48**

**Full Mark 50**

**Pass Mark 25**

**Course Description**

It contains the selected suttas from the first two divisions of Sutta Pitaka (one of the pitaka of Tipitaka, the discourse collections of the Buddha). The Dīgha Nikāya, or "Collection of Long Discourses" (Pali *dīgha* = "long") is the first division of the Sutta Pitaka and consists of thirty-four suttas, the second division, Majjhima Nikāya consists of 152 long and short discourses. These all discourses were delivered by the Buddha himself as well as his chief disciples, which together constitute a comprehensive body of teaching concerning all aspects of the Buddha's teachings.

**Course Objectives**

To give the students a comprehensive knowledge about:

1. The Net of Perfect Wisdom,
2. The last days of Buddha and his passing away,
3. The discourses for the householder as well as the practical aspects of livelihood.

**Course Contents**

**Unit I**

**2**

1.1 Introduction of Dīgha Nikāya – over view of the text

**Unit II**

**22**

2.1 Sīlakkhandha Vagga

**8**

2.1.1 Brahmajāla Sutta

2.2 Mahā Vagga

**8**

2.2.1 Mahāparinibbāna Sutta

2.3 Pāthika Vagga

**6**

### 2.3.1 Sigālovāda Sutta

## Unit III

2

### 3.1. Introduction to Majjhima Nikāya– over view of the text

## Unit IV

10

### 4.1 Mūla Paṇṇāsa

4.1.1 Mūlapariyāya Sutta

4.1.2 Bhaya-bherava Sutta

4.1.3 Mahā-dukkhakkhandha Sutta

4.1.4 Kakacūpama Sutta

4.1.5 Alagaddūpama Sutta

## Unit V

12

### 5.1 Majjhima Paṇṇāsa and Upari Paṇṇāsa

5.1.1 Jīvaka Sutta

5.1.2 Abhaya Rāj Kumar Sutta

5.1.3 Ratthapāla Sutta

5.1.4 Bodhirāj kumār Sutta

5.1.5 Angulimāla Sutta

5.1.6 Bāla Pandita Sutta

### Methods of Teachings:

Lectures, Discussion and Quiz

### Evaluation Techniques:

Written Examination, Report Presentation

### Specification Grid (Question Plan)

S.N	Group	Question pattern	No. of Ques.	Ans. only	Question from Unit	FM
1.	A	Critical Evaluation	2	1	II	1x10= 10
2.	B	Descriptive and Analytical	3	2	II, IV & V	2x10= 20
3.	C	Short Answer or short notes	6	4	I,III,IV & V	4x6= 24
4.	D	Multiple Choice Objective questions	12	All	I to V	12x0.5=6 Total =60

### Prescribed Texts:

- Bajracharya , Dunda Bahadur (tr.), *Dīghanikāya*, Lalitpur: Bir-Purna Pustaka Sangrahalaya, 2000.
- Bajracharya, Dunda Bahadur (tr.), *Majjhimanikāya*, Lalitpur: Bir-Purna Pustaka Sangrahalaya, 2001.
- Ñānamoli, Bhikkhu and Bhikkhu Bodhi, *The Middle Length Discourses of the Buddha: A New Translation of the Majjhima Nikāya*, Boston: [Wisdom Publications](#), 1995
- Walshe, Maurice , *The Long Discourses of the Buddha: A Translation of the Dīgha Nikāya* (formerly titled: *Thus Have I Heard*), Boston: [Wisdom Publications](#), 1987

### Reference Texts:

- *Dīghanikāyapāli*, Igatpuri: Vipassana Research Institute, 1998.
- Jayawardhana, Somapala, *Handbook of Pali Literature*, Colombo: Karunaratne & Sons, Ltd., 1994.
- Lay, U Ko (ed.), *Guide to Tipitaka*, Delhi: Sri Satguru Publications, 1990
- Mahathera , Nyanatiloka, *Buddhist Dictionary*, Kandy: Buddhist Publication Society, 1980.
- *Majjhimanikāya*, Igatpuri: Vipassana Research Institute, 1998.
- Webb, Russell (ed.), *An Analysis of the Pali Canon*, Kandy: Buddhist Publication Society, 1975.

**Lumbini Buddhist University**  
**Master of Arts in Theravada Buddhism**  
**Buddhist Economics**  
**(Elective Course)**

**Semester I**  
**Paper VI A**  
**Code code MTB 516 A**

**(Cr. 3) Lecture hr. 48**  
**Full Mark 50**  
**Pass Mark 25**

**Course Description**

The course consist the economic ideas within Buddha's teachings. The course dealt with the direct teachings on economics activities delivered by Buddha and the several spiritual teachings indirectly related with economic activities. The determinants of economic development and poverty alleviation through Buddha's teachings are also incorporated in the course.

**Course objectives**

The course entirely relates the Buddha's teachings with economic aspect of the life. The main objectives are

1. To impart knowledge about the prevalence of economics idea in Buddhism.
2. It helps the students to make distinction between Buddha's view and general view in Economics.

**Course contents**

**Unit 1 Concept of Economics and History of Economic Thought 8**

1.1 Concept of Economics

Definitions of prominent Economists, Micro and Macro Economics, Demand, Types of Demand, Law of Demand

1.2 History of Economics thought

Adam Smith, David Ricardo, Malthus, Marx, Marshall

**Unit 2. Economic Thought in Buddhism 10**

- 2.1 Buddha's Emphasis to Economic Activities
- 2.2 Kutadant –sutta
- 2.3 Cakkavatti- simhanāda –sutta
- 2.4 Singalovāda –sutta
- 2.5 Aggañña -sutta
- 2.6 Vyaggha-pajja-sutta

**Unit 3. Introduction to the Modern Thinkers of Buddhist Economics 10**

- 3.1 E.F Schumaker - Small is Beautiful
- 3.2 Ven.P.A Payutto- Buddhist Economic: A Middle Way for the Market
- 3.3 Shinichi Inoue- Putting Buddhism to Work
- 3.4 Prabavana Viriya Khun\_ Buddhist Economics
- 3.5 A.T. Ariyaratne- Buddhist Approach to Economic and social Development
- 3.6 Bhutan's Economics of Happiness
- 3.7 Thailand's Economics of Sufficiency

**Unit 4. Buddhist Economic Ethics 10**

- 4.1 Ethics in Buddhism
- 4.2 Right livelihood
- 4.3 Ethics in Economic activities
  - 4.3.1 Jātakas –Serivānija, Kutavānija ,Vedarva, Satadhamma Jātaka
  - 4.3.2 - Dhammapada Atthakathā- Chakkhupāla, Cundasukarika
  - 4.3.3 –Petavatthu- Story of four petas

**Unit 5. Buddha's Approach to Economic activities and Determinants of Economic Development 10**

- 5.1 Production
- 5.2 Consumption
- 5.3 Distribution
- 5.4 Social welfare
- 5.5 Determinants of Economic Development and Buddha's teachings
- 5.6. Spiritual teachings of Buddha and Economic Development
- 5.7. Buddhism and poverty alleviation

*Teaching Methods:* Lecture, Interaction, Talk program etc.

*Evaluation Techniques:* Written Examination, Presentations and Assignments

### Specification Grid (Question Plan)

S. N	Group	Question pattern	No. of Ques.	Ans . only	Question from Unit	FM
1.	A	Critical Evaluation	2	1	2 & 4	1x10= 10
2.	B	Descriptive and Analytical	3	2	2, 3, 4,5	2x10= 20
3.	C	Short Answer or short notes	6	4	1 to 5	4x6= 24
4.	D	Multiple Choice Objective questions	12	All	1 to 5 All	12x1.5=6 Total =60

### Prescribed Texts

- Ahuja, H.L. (1983). *Advanced Economic Theory*, New Delhi: S.Chand and Company Ltd.
- Ariyaratne, A.T. (1988). *Buddhist approach to economic and social development*, Srilanka: International Buddhist conference.
- Inoue, Shinichi. (1997). *Putting Buddhism to work*, Tokyo: Kondansha International Ltd.
- Payutta, P.A. (1994). *A Middle-way for the market Place*, Bangkok: Buddha dhamma foundation.

Pokharel: Bharat. (2004). *History of Economic Thought*,. Kathmandu: NewHira Books enterprises.

Schumacher, E.F. (1973). - *Small is beautiful*, India: Rupa and co inassociation with Macdonald and co Ltd London and Sydney.

Sumanapalo, G.D. (2001). *Early Buddhist Philosophy and Social Concepts*, Srilanka: Dept. of Pali and Buddhist studies.

Tripathi, Prabha.(1985). *Prachin Purbottar Bharat*, India: Varanashi sahitya sansthan.

Viriya khun, Prabhavana.(1988). *Buddhist Economics*, Thailand: 2001

### **References:**

Bhikshu, Asvaghosh Mahasthavir. (1977). *Buddhaya Arthanity( Nepal Bhasa)*, Kathmandu: Dharmakirti Adhyayan Gosthi.

Dewett. K.K and A. Chand (1999) *Modern Economic Theory*, New Delhi: S.Chand and Company Ltd.

Gnanarama, Pategama. (2000). *Essentials of Buddhism*, Singapore: Ti-Sarana Buddhist Association.

Jha, Hari Bansh. (1979). *Buddhist Economics and Modern World*,Kathmandu: Dharmakirti Adhyayan Gosthi

Kuruppa, Rajah. (2003). *Buddhism; Its Essence and some Relevant Approaches*, Sri Lanka: Public trustee department.

**Lumbini Buddhist University**  
**Master of Arts in Theravada Buddhism**  
**Buddhist Iconography**  
**(Elective Course)**

<b>Semester I</b>	<b>(Cr. 3) Lecture hr. 48</b>
<b>Paper VI B</b>	<b>Full Mark 50</b>
<b>Course No: MTB 516 B</b>	<b>Pass Mark 25</b>

**Course Description**

This course provides basic knowledge about the meaning, significance and sources of Buddhist iconography, origin and iconographical features of Buddha image. The course is divided into five units. The first and second units are devoted for introductory background and sources of Buddhist iconography. The third unit discussed about Origin of Buddha image. Similarly, the fourth and fifth units are devoted for the auspicious signs of Great Person and Iconography of Buddha and Bodhisattva images.

**Objective**

The main objective of the course is to give the basic knowledge on

1. The fundamental knowledge about Buddhist Iconography
2. The origin of Buddha image
3. The auspicious signs of Great Person
4. Iconography of Buddha and Bodhisattva images

**Course Contains**

**Unit I Introduction**

8

- 1.1. Meaning and significance of Iconography
- 1.2. Difference between Iconography and Iconology



1.3. Purpose and field of Iconography – color (*varna*), Position (*āsana*), Direction (*dishā*), Gesture (*mudrā*), Drapery and ornamentation (*vastrāṅkār*) and Attributes (*āyudha*)

**Unit II Sources of Buddhist Iconography** 6

- 1.1. Literary Sources
- 1.2. Archaeological Sources

**Unit III Origin of Buddha image** 14

- 3.1. Features of Mathura Buddha image
- 3.2. Features of Gandhara Buddha image
- 3.3. Features of Amaravati Buddha image
- 3.4. Features of Gupta and Pala period Buddha images
- 3.5. Features of Buddha images of Licchavi Nepal
- 3.6. Features of Buddha images of Medieval Nepal

**Unit IV Mahāpuruṣa Lakkhaṇa** 10

- 4.1. 32 Major marks of the Great Person
- 4.2. 80 Minor marks of the Great Person

**Unit V Iconography of Buddha images** 10

- 5.1. Dīpaṅkara Buddha
- 5.2. Sakkamuni Buddha
- 5.3. Metteyya as Future Buddha
- 5.4. Metteyya as Bodhisatta

**Methods of Teachings**

Lectures, Question and Answers. Field visit and Discussion.

**Evaluation Techniques**

Written Examination, Presentations, Field report and Assignments.

### Specification Grid (Question Plan)

S.N	Group	Question pattern	No. of Ques.	Ans. only	Question from Unit	FM
1.	A	Critical Evaluation	2	1	1&2	1x10= 10
2.	B	Descriptive and Analytical	3	2	1 & 5	2x10= 20
3.	C	Short Answer or short notes	6	4	3 & 4	4x6= 24
4.	D	Multiple Choice Objective questions	12	All	1 to 5 All	12x1.5=6 Total =60

### Prescribed Texts:

Bhattacharya, Benoytosh, *Indian Buddhist Iconography*, Calcutta: K. L. Mukhopadhyaya, 1972.

Bajracharya, Dunda Bahadur (tr.), *Dighanikāya*, Lalitpur: Bir-Purna Pustaka Sangrahālaya, 2000.

Coomarswamy, Anada K., *The Origin of the Buddha Image*, New Delhi: Munshiram Manoharlal, 1972.4.

Shakya. Hemraj, *Buddha Murti Chagu Adhayana* ( A Study of Buddha Image), Kathmandu: Cosāpāsā, 1097 NS.

Shakya, Min Bahadur, *The Iconography of Nepalese Buddhism*, Kathmandu: Handicraft Association of Nepal, 1994.

Tomory, Edith, *A History of Indian Arts in India and the West*, Chennai: Orient BlackSwan Private Ltd., 2009.

Verva, Sailendra Kumar, *Art and Iconography of the Buddha Images*, New Delhi: Eastern Book Linkers, 1994

Shakya, Mahendra Ratna, "The Image of Maitreya at Alkohiti Caitya, Patan", *Vishwashanti Silver Jubilee Souvenir*, Lalitpur: Vishwashanti Library, 2013.

Shakya, Mahendra Ratna, "The Cult and Early Images of Maitreya Bodhisattva in Nepal", *8<sup>th</sup> Handicraft Trade Fair and 6<sup>th</sup> Craft Competition*, Kathmandu: FHAN, 2010

### References:

Coomarswamy, Ananda K., *Elements of Buddhist Iconography*, New Delhi: Munshiram Manoharlal Publishers Pvt. Ltd., 1998

Kramrich, Stella, *The Art of Nepal*. London: Asia Society, 1964

Pal, P., *Art of Nepal*, Leiden: E. J. Brill, 1985.

Shakya, Min Bahadur, *The Sacred Art of Nepal*, Kathmandu: Handicraft Association of Nepal, 2000

Shakya, Milan Ratna, *Buddhas and Bodhisattvas*, Kathmandu: CNAS, 2011.

Slusser, Mary S., *Antiquity of Nepalese Wood Carving: A Reassessment*, Washington: University of Washington Press, 2010.

Slusser, Mary Shepherd, *Nepal Mandala*, New Jersey: Princeton University Press, 1982.

**Lumbini Buddhist University**  
**Master of Arts in Theravada Buddhism**  
**Buddhism and Leadership**  
**(Elective Course)**

<b>Semester I</b>	<b>(Cr. 3) Lecture hr. 48</b>
<b>Paper VI C</b>	<b>Full Mark 50</b>
<b>Course No: MTB 516 C</b>	<b>Pass Mark 25</b>

**Course Description** – This course contains the concept, values and virtues of leadership in Buddhism

**Objectives** - This course aims to develop an understanding of different leadership qualities of Buddha and his leadership styles in his teachings.

***Course Details***

<b>Unit 1: Concept of Leadership</b>	<b>8</b>
1.1 Trait Theory	
1.2 Transformational Theory	
1.3 Contingency Theory	
1.4 Situational Theory	
1.5 Behavioral Theory	
1.6 Participative Theory	
<b>Unit 2: Buddhism and Managerial Activity</b>	<b>6</b>
1.3 Buddhist Leadership	
1.4 Personal Development	
1.5 Harmony	
1.6 Managing People	
<b>Unit 3: Values in Leadership in Buddhism</b>	<b>6</b>
3.1 Being Human	
3.2 Sharing Happiness and Hardship	

3.3 Solidarity

3.4 Tolerance

## Unit 4: Virtues of Leadership in Buddhism

20

1.1 Aggñña Sutta (DN) –

- a) Abhirūpataro (personality)
- b) Dassanīyataro (charisma)
- c) Pasādikatāro (people confidence)
- d) Mahesakkhatro (efficiency)

1.2 Mahahansa Jataka

- a) Dasarājadhama – Dāna (generosity), Sila (morality), Pañccāga (liberality), Ajjava (straightness), Majjava (gentleness), Tapa (self-restraint), Akkodha (non-anger), Avihinsā (non-injury), Khanti (forbearance), and Avirodhatā (non-opposition)

1.3 Four Sangahavatthu (Sangahasutta AN)

- a) Dāna (generosity)
- b) Piyavacana (amicable speech)
- c) Atthacariya (doing good)
- d) Samānattatā (equality)

1.4 Sigalovāda Sutta

- Being free from four wrong courses (Agati)- Chandāgati (amiability), Dosāgati (aversion), Bhayāgati (fear), and Mohāgati (delusion)

1.5 Kālāma Sutta (Kesamutti Sutta AN)

- a) Decision Making

1.6 Mangala Sutta (Suttanipāt)

- a) Bāhusaccañca
- b) Sippañca
- c) Vinayoca Susikhito

1.7 Teachings from Dhammapada

1.8 Six Qualities of Nayako (Lokañiti)

- a) Khamā
- b) Jāgariya
- c) Viriya
- d) Samvibhāga
- e) Dayā
- f) Ikkhañā

## Unit 5 Some Silent Leadership Qualities of Buddha

8

- 5.1.Public Speaking
- 5.2.Vision and Mission
- 5.3.Commissioner for Ministry
- 5.4.Organization
- 5.5.Management of Monasteries- Sangha and Routinization
- 5.6.Egalitarian
- 5.7.Funding
- 5.8.Appointing Leaders
- 5.9.Mutual Help
- 5.10.Conflict Resolution
- 5.11.Rebels
- 5.12.Punishments
- 5.13.Enemies
- 5.14.Devadatta's Grudge
- 5.15.Rest
- 5.16.Successio

### Methods of Teachings

Lectures, Discussion, Quiz, Group activities and Assignments

### Evaluation Techniques

Written Examination, Participation in Quiz contest, Group Activities, Field work and Report presentation

### Specification Grid (Question Plan)

S.N	Group	Question pattern	No. of Ques.	Ans. only	Question from Unit	FM
1.	A	Critical Evaluation	2	1	1 to 3	1x10= 10
2.	B	Descriptive and Analytical	3	2	4	2x10= 20
3.	C	Short Answer or short notes	6	4	1 to 5	4x6= 24
4.	D	Multiple Choice Objective questions	12	All	1 to 5 All	12x1.5=6 Total =60

## Prescribed Texts

1. *Anguttaranikāya*, Igatpuri: Vipassana Research Institute, 1998.
2. *Dighanikayapali*, Igatpuri: Vipassana Research Institute, 1998.
3. Vajracharya, Dunda Bahadur (tr.), *Dighanikāya*, Lalitpur: Bir-Purna Pustaka Sangrahalaya, 2000.
4. Bhikshu, Amritananda (tr.), *Grihi Vinaya*, Kathmandu: Anandakuti Vihar Trust, 2075 BS
5. Bhikshu, Amritananda (tr.), *Dhammapada*, Kathmandu: Anandakuti Vihar Trust, 2046 BS
6. Goleman, D. (1998). What makes a leader? *Harvard Business Review*, 1998 (November– December), 93-102
7. Bhikshu, Buddhaghosh, *Buddha Dharma Sambandhi Samanya Jnana*, Lalitpur: Herakaji Sucika, 2050 BS
8. Dhannuja, S. (tr.), *The Edicts of King Asoka*, Buddha Dharma Education Association Inc. buddhanet.net